

## PrayerCords — From Ecclesiastes 4:12

The Strategic Prayer Initiative, Inc.

If you feel like your prayer life is not what it should be, but you do not have sufficient time available to get better, the PrayerCords™ tools have been designed for you. PrayerCords are a simple, but proven way to help Christians become more effective in prayer and draw closer to their Lord. The commitment is not difficult or overly burdensome, and the benefits can be very helpful and powerful. If, on the other hand, you already have a “good prayer life” please read the paragraph at the bottom of this page, because some other brothers and sisters in Christ need your assistance.

### **Together you and your Cord covenant to do three things:**

Pray for two (2) minutes per day – This can be achieved by muting a TV commercial break (The Blue Card and the monthly Pink Sheets are the guides).

Read two (2) verses of the Bible each day - If you are already in the Word daily that is great, you can ignore this very modest commitment. We are basically trying to help those who don't already open the Scriptures daily to begin the habit. The two verses a day commitment is so easy it can literally be achieved by anyone. Two verses is all you are committing to, but the two verses can (at times will) lead you deeper.

Meet with your Cord once per month for prayer, accountability, and encouragement.

### **Getting a Cord started is easy:**

Find two same-gender people who commit to being in a Cord with you.

Choose an Administrator for the group

Sign the confidentiality agreement

Start praying, reading, and meeting!

*Finally, if you are in the roughly 30% who already have a good or a mature prayer life, it would be a tremendous help if you could get into a Cord yourself (or a SPI Small Group). The fact that you have already developed the discipline to maintain a “good prayer life” will truly assist the other members of your Cord (or SPI Small Group). Since a strong majority of American Christians will say their prayer lives are only “fair” or “poor” there is huge spiritual growth potential for the church in the United States. We are working to help 80% of genuine Christians in America to develop and/or maintain “Good Prayer Lives” so that they can more effectively fight the spiritual battle spoken of in Ephesians 6:12, Daniel 10:12-14, Corinthians 10:3-5, 1 Peter 2:10-11 and Revelation 12:7-9.*

**Below are a number of quotes from PrayerCord members that are part of one church located in the Midwest:**

“It has been very positive; encouraging; uplifting. I look forward to our monthly times together and wish we could get together more often. Yet I believe it is because we are only expected to connect monthly that it is possible to make the commitment to be involved. Better to be left wanting more!”

“Love that we have the PrayerCord opportunity. Even some of us "old time" Christians need an excuse to reach out to others and ask to be prayer partners. It's something I never did...pick up the phone and ask someone. The prayer team at church made it okay to do that (and I realize that is pretty weak to need that push), but something good has come from it!!! We feel the Lord was in the forming of our group... We all feel a trust between us that our group is confidential and from our first time meeting we've a strong bond which I believe is God given.”

“My PrayerCord group has been a huge blessing. I'm so grateful for the ladies and to have a safe place to discuss very personal things. With young little ones it's been a little hard to get together but when we are able to its a nice time of fellowship. I have just been reading through the prayer book again and have been using that as my guide... It's nice to have been able to be flexible with what our Cord operates like. I feel like it's been a blessing knowing I'm lifted in prayer regularly.”

“I am in a small 2 person PrayerCord...So far, I have loved getting further connected with my prayer cord partner and praying for her specifically. I have loved her encouragement and knowing that she is praying for me. I enjoy our times to share about the struggles we are going through and finding a greater depth in our friendship. I need the accountability and encouragement to stay in the Word daily and especially to be consistent in my prayer life.”

“The experience for our Cord has been very positive. We have become more consistent in our prayer time and Bible reading. The clear guide for a Cord is helpful to keep us consistent.”

“I have found that I am praying more consistently and being accountable is very helpful too...I love the Love to Pray book.”

“My PrayerCord has been a really good experience. I was going through a difficult situation when we began our PrayerCord and it was encouraging to have my partners provide prayer support during that time...I believe I am more disciplined about Bible reading because of it. Originally, I believed the PrayerCord would be just one more responsibility in my life, but now that I am involved in it, I don't feel that way at all. It has been a real blessing.”